



Assist Ability Australia

Menu

FOR 2025 DAY PROGRAMS

Our menu may change from time to time and can be tailored to suit any dietary requirements.

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October 7, 2025

Lunch

Sweet and Savoury Pancakes



Desserts

Platter - cheese, fruit, biscuits



October 8, 2025

Lunch

Classic Tourtière - Chicken Pie



Desserts

Chocolate chip Cookies



October 9, 2025

Lunch

Classic Tourtière - Chicken Pie



Desserts

Platter - cheese, fruit, biscuits



October 14, 2025

Lunch

Lahmacun - Lebanese pizza



Desserts

Platter - cheese, fruit, biscuits



October 15, 2025

Lunch

Shish Kebab chicken and lamb
with Lebanese Rice



Desserts

Ghraybeh Cookies



October 16, 2025

Lunch

Shish Kebab chicken and lamb
with Lebanese Rice



Desserts

Platter - cheese, fruit, biscuits



October 21, 2025

Lunch

European Panini



Desserts

Platter - cheese, fruit, biscuits



October 22, 2025

Lunch

Pasta Day! Mixed Pastas to share



Desserts

Marble Cake Recipe (Classic German Marmorkuchen)



October 23, 2025

Lunch

Pasta Day! Mixed Pastas to share



Desserts

Platter - cheese, fruit, biscuits



October 28, 2025

Lunch

Yum Cha & Noodles



Desserts

Platter - cheese, fruit, biscuits



October 29, 2025

Lunch

Sweet and Sour Chicken and rice



Desserts

Chinese custard tarts



October 30, 2025

Lunch

Sweet and Sour Chicken and rice



Desserts

Platter - cheese, fruit, biscuits



November 4, 2025

Lunch

Moroccan Kefta



Desserts

Platter - cheese, fruit, biscuits



November 5, 2025

Lunch

Easy chicken tagine with
couscous & flat Bread



Desserts

Moroccan Meskouta Orange Cake



November 6, 2025

Lunch

Easy chicken tagine with
couscous & flat Bread



Desserts

Platter - cheese, fruit, biscuits



November 11, 2025

Lunch

Croque Monsieur (French Ham and Grilled Cheese Sandwich) - Plain Grilled Cheese option



Desserts

Platter - cheese, fruit, biscuits



November 12, 2025

Lunch

Beef Bourguignon Recipe - Beef Stew and roast potatoes



Desserts

French Crepe



November 13, 2025

Lunch

Beef Bourguignon Recipe - Beef Stew and roast potatoes



Desserts

Platter - cheese, fruit, biscuits



November 18, 2025

Lunch

Pineapple Fried Rice and Spring rolls



Desserts

Platter - cheese, fruit, biscuits



November 19, 2025

Lunch

Pad Thai



Desserts

Thai-Style Pineapple Upside Down Cake



November 20, 2025

Lunch

Pad Thai



Desserts

Platter - cheese, fruit, biscuits



November 25, 2025

Lunch

Bavarian Meatball Sandwiches



Desserts

Platter - cheese, fruit, biscuits



November 26, 2025

Lunch

Beef Goulash Cottage Pie



Desserts

German Apple Cake
(Versunkener Apfelkuchen)



November 27, 2025

Lunch

Beef Goulash Cottage Pie



Desserts

Platter - cheese, fruit, biscuits



December 2, 2025

Lunch

Noodle Soup



Desserts

Platter - cheese, fruit, biscuits



December 3, 2025

Lunch

Hidden Vegetable Pasta Bake



Desserts

Cake Box Cookies



December 4, 2025

Lunch

Hidden Vegetable Pasta Bake



Desserts

Platter - cheese, fruit, biscuits



December 9, 2025

Lunch

Meat Pies and Chip



Desserts

Platter - cheese, fruit, biscuits



December 10, 2025

Lunch

Aussie Barbecue and salads



Desserts

Lamingtons



December 11, 2025

Lunch

Aussie Barbecue and salads



Desserts

Platter - cheese, fruit, biscuits



December 16, 2025

Lunch

Party Finger Foods



Desserts

Christmas Cookies



December 17, 2025

Lunch

High Tea Join us to make pastries, scones, sandwiches and cakes



Desserts

High Tea Join us to make pastries, scones, sandwiches and cakes



December 18, 2025

Lunch

Party Finger Foods



Desserts

Christmas Cookies

