



Assist Ability Australia

Menu


TERM-2, 2026 DAY PROGRAMS

Our menu may change from time to time and can be tailored to suit any dietary requirements.

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Tuesday, 21 April

Lunch

Beef or chicken sausages in a roll with salad



Desserts

Fruit, cheese and crackers



Wednesday, 22 April

Lunch

Easy Butter Chicken and Yoghurt Naan Bread



Desserts

Anzac cookies



Thursday, 23 April

Lunch

Easy Butter Chicken and Yoghurt Naan Bread



Desserts

Anzac cookies



Tuesday, 28 April

Lunch

Wraps and Wedges



Desserts

Fruit, cheese and crackers



Wednesday, 29 April

Lunch

Home made sausage rolls



Desserts

Carrot Cake



Thursday, 30 April

Lunch

Home made sausage rolls



Desserts

Carrot Cake



Tuesday, 5 May

Lunch

Sandwiches/Wraps various toppings



Desserts

Fruit, cheese and crackers



Wednesday, 6 May

Lunch

Home made savoury scrolls with Soup



Desserts

Jam/Nutella Donuts



Thursday, 7 May

Lunch

Home made savoury scrolls with Soup



Desserts

Jam/Nutella Donuts



Tuesday, 12 May

Lunch

Make your own Noodle Box



Desserts

Fruit, cheese and crackers



Wednesday, 13 May

Lunch

Chicken Fried Rice with spring rolls



Desserts

Apple Muffins



Thursday, 14 May

Lunch

Chicken Fried Rice with spring rolls



Desserts

Apple Muffins



Tuesday, 19 May

Lunch

Curried sausages recipe



Desserts

Fruit, cheese and crackers



Wednesday, 20 May

Lunch

One-pot Italian chicken



Desserts

Apple Pie & Icecream



Thursday, 21 May

Lunch

One-pot Italian chicken



Desserts

Apple Pie & Icecream



Tues day, 26 May

Lunch

Mexican day!



Desserts

Berry cupcakes



Wednesday, 27 May

Lunch

Healthy Baked Potato Bar



Desserts

Buttermilk and berry slice



Thursday, 28 May

Lunch

Healthy Baked Potato Bar



Desserts

Buttermilk and berry slice



Tuesday, 2 June

Lunch

Cheese burgers and Potato Wedges



Desserts

Fruit, cheese and crackers



Wednesday, 3 June

Lunch

Chicken/Lamb Gyros & Greek Salad



Desserts

Chocolate brownie slab cake



Thursday, 4 June

Lunch

Chicken/Lamb souvlaki & Greek Salad



Desserts

Chocolate brownie slab cake



Tuesday, 9 June

Lunch

Dumpling hot pot



Desserts

Fruit, cheese and crackers



Wednesday, 10 June

Lunch

Baked Penne Pasta



Desserts

Lemon Cake with Lemon Glaze



Thursday, 11 June

Lunch

Baked Penne Pasta



Desserts

Lemon Cake with Lemon Glaze



Tuesday, 16 June

Lunch

Roasted tomato soup with cheese garlic toasties



Desserts

Fruit, cheese and crackers



Wednesday, 17 June

Lunch

Chicken and Broccoli Alfredo Bake



Desserts

Fairy Bread Slice



Thursday, 18 June

Lunch

Chicken and Broccoli Alfredo Bake



Desserts

Fairy Bread Slice



Tuesday, 23 June

Lunch

Pasta, cheese & zucchini slice



Desserts

Fruit, cheese and crackers



Wednesday, 24 June

Lunch

Egg Fried Rice with Sweet Soy Sauce and Spring rolls



Desserts

Apple and pineapple tray cake



Thursday, 25 June

Lunch

Egg Fried Rice with Sweet Soy Sauce and Spring rolls



Desserts

Apple and pineapple tray cake



Tuesday, 30 June

Lunch

Sweet and Savoury Pancakes

Desserts

Sweet and Savoury Pancakes



Wednesday, 1 July

Lunch

Sweet and savoury Pastries

Desserts

Sweet and savoury Pastries



Thursday, 2 July

Lunch

Sweet and savoury Pastries

Desserts

Sweet and savoury Pastries

